

SIDI HAKIM ARCHULETTA

Hakim Archuletta has worked within the healing arts profession for over 30 years. His interest in medicine and natural health and the study of God's Creation began as a child. His first formal studies were in the Fine Arts which he studied in the 60's in Berkeley where his expertise ranged from graphic arts to theater, cinema and ethnomusicology. He studied homeopathy and apprenticed with Dr. John Damonte in London in the early 70's. He continued these studies in Berkeley apprenticing with homeopathic doctors and working with the first Homeopathic Study group there. He continued his studies in the Middle East, England and North Africa in the mid 70's.

In 1978, he travelled to Pakistan at the invitation of Hakim Mohammad Said of the Hamdard Foundation and studied there with various Hakims (traditional Islamic doctors) supported by grants from the Bawani Trust. His main teacher was Hakim Taqiuddin Ahmad at the Nizami Dawakhana, where he learned Pharmacy in the Unani tradition. There he earned the title of "Hakim".

Returning to the Americas in 1980, he began teaching students privately and established a family practice clinic in Santa Barbara California. He has conducted and taught study groups for homeopathy in Santa Barbara, California, Taos, Abiquiu, and Los Alamos, New Mexico for professional and lay persons. He began extensive work as counselor, consultant and Hakim/Homeopath in Abiquiu, New Mexico and by traveling nationally for over ten years. This also included workshops on communication and community consensus building including special focus on youth. He worked with young people for many years and taught science on a high school level for six years in a very "hands on" method and worked on curriculum that is age appropriate and spiritually based in science for young people.

More recently he began to focus on trauma and was certified in the methods of Dr. Peter Levine and others. Today he lectures and teaches classes and workshops nationally. He has conducted workshops and lectured at University of California Berkeley, Harvard, Wellesley, Stanford, UCLA, University of Houston and many others. He addressed and led the New Mexico State Congress in opening prayers after 9/11, writes, reads and organizes poetry readings. He has students and patients worldwide.

*program supported by CHSIS at Columbia University
For more information, please email info@wisdommedicine.org*

www.wisdommedicine.org

body & SOUL

A two-day seminar to inspire you to live a healthy, balanced, and fulfilling life featuring Hakim Archuletta.

You will learn more about holistic and natural health, using food as medicine, as well as practical tips on how to safely and effectively combine the best of conventional medicine and natural healing.

Topics include diet, emotional health, spirituality, and the means to live a more meaningful life.

SATURDAY-SUNDAY

JULY 9-10, 2005

10:00 AM – 6:00 PM

*Registration by July 8: \$25.00/two days
\$15/one day; prices increase on-site.*

**HAMMER HEALTH SCIENCE CENTER-HSC 301
COLUMBIA UNIVERSITY MEDICAL CENTER
NEW YORK CITY**

SATURDAY JULY 9: *Imparting Wellness*

- 9:00 Registration
9:45 *Welcome and Introduction*
10:00 *Hikma: The concept of 'Wisdom Medicine'*
Sidi Hakim Archuletta
10:45 Question and Answer Session
11:00 *Eating for Health with Whole Foods*
Sumiya Khan, MS, RD
11:30 *A Holistic Approach to Wellness*
Ather Ali, ND
12:00 *Question and Answer Session*
12:30-2:00 Lunch Break and Prayer
2:00 *Diseases of the Spiritual Heart and their Cures*
Imam Dawood Ya Sin
2:45 *Question and Answer Session*
3:00 *Reconnecting to Reality with the Breath and Soul*
Experiential session led by Sidi Hakim Archuletta and
Imam Dawood Yasin
3:30 Break
3:45 *Raising Healthy Children*
Saquib Lakhani, MD
4:30 *Living in Our Bodies*
Sidi Hakim Archuletta
5:45 Question and Answer Session
6:00 Adjourn

SUNDAY JULY 10: *More on 'Wisdom Medicine'*

- 9:30 Registration
10:00 *Creating Illness: Disconnecting from Reality and Trauma*
Sidi Hakim Archuletta
11:30 Question and Answer Session
12:00 Experiential Session in Recovering Sensation
12:30-2:00 Lunch Break and Prayer
2:00 *Becoming Whole Again with a Reality-Centered Life*
Sidi Hakim Archuletta
4:00 Experiential Session in Breathing and Remembrance
4:30 *Question and Answer Session*

SPEAKERS

ATHER ALI, N.D.

Dr. Ali is originally from California where he completed a B.S. in Psychobiology from UCLA. He then obtained a Doctorate in Naturopathic Medicine from Bastyr University in Seattle, Washington and completed a residency in Integrative Medicine from Griffin Hospital and the University of Bridgeport College of Naturopathic Medicine. He is currently a Postdoctoral Research Fellow at the Yale Prevention Research Center, MPH candidate at the Yale School of Public Health, and Clinical Faculty at the University of Bridgeport.

KATEY COFRANCESCO, D.C. AND LOU COFRANCESCO, D.C.

Drs. Katey and Lou Cofrancesco have been in private family practice in the Bethany/Woodbridge area for 13 years. They received their Doctorates in Chiropractic from the Los Angeles College of Chiropractic in 1989. Katey has also studied yoga for over 15 years, and since 1999 has developed and taught yoga based on her knowledge of spinal biomechanics. Lou's interest in the healing arts began over two decades ago with a focus upon martial arts, natural foods and massage therapy. The Cofrancescos live in Bethany with their three children.

SUMIYA KHAN, M.S., R.D.

Sumiya is originally from California, where she completed a B.S. in Community Nutrition from the University of California at Davis. She earned a Masters degree in Clinical and Counseling Nutrition from Bastyr University, specializing in Natural Foods Nutrition. Sumiya became a Registered Dietitian after completing a Dietetic Internship at Sea Mar Community Health Centers in Seattle. She currently works as WIC Program Nutritionist at the Naugatuck Valley Health District in Seymour, CT. She lives with her husband, Ather Ali, in New Haven.

SAQUIB LAKHANI, M.D.

Dr. Lakhani was born in Massachusetts and grew up in Virginia. He obtained his undergraduate and medical degrees from the University of Virginia before completing a residency in pediatrics at Washington University-St Louis Children's Hospital. He then came to New Haven, and after finishing fellowship training has been working as an attending physician on the pediatric critical care faculty at Yale University.

IMAM DAWOOD YA SIN

Born in Nantucket Island, Massachusetts, Imam Dawood is the Imam of Masjid Al Islam in New Haven. He left his studies at Southern Connecticut State University in International Relations and Foreign Diplomacy after being hired by Willhelmina Models of New York City in 1991. As a professional model, he worked in London, Paris, New York City, and Milan. In 1996, Imam Dawood embraced Islam during a modeling campaign in South Africa. From there he began his training in Islamic studies traveling to Saudi Arabia, Pakistan and India. In 1997, he moved to Syria where he formally studied the Arabic language and Islamic Sciences for four years at the Abu Nur Institute. Imam Dawood returned to New Haven in 2002 where he lives with his wife and children.